

DIVERSITY FOR PERFORMANCE

PROFESSIONAL COACH
TRAINING CERTIFICATION

WELCOME TO THE FUTURE OF COACHING



powered by

FUTURE MINDS
CONSULTING

WELCOME



Our **Diversity For Performance Professional Coach Training Certification** allows, YOU, aspiring coach from all walks of life, to find a place where you belong, where you can grow, and where you can show up with your whole self.

Maybe you'd like to change your career path by becoming a full-time coach, or transition your existing role into an internal coach? Maybe you'd like to enhance yourself and become a better leader, or simply add a diversity of skills to your toolbox to perform better in your role?

Diversity For Performance aims to democratize the coaching industry through affordable offerings, quality learning journeys, and a flexible approach that caters to each learner's unique personality.

That's our Mission, and our promise to YOU!

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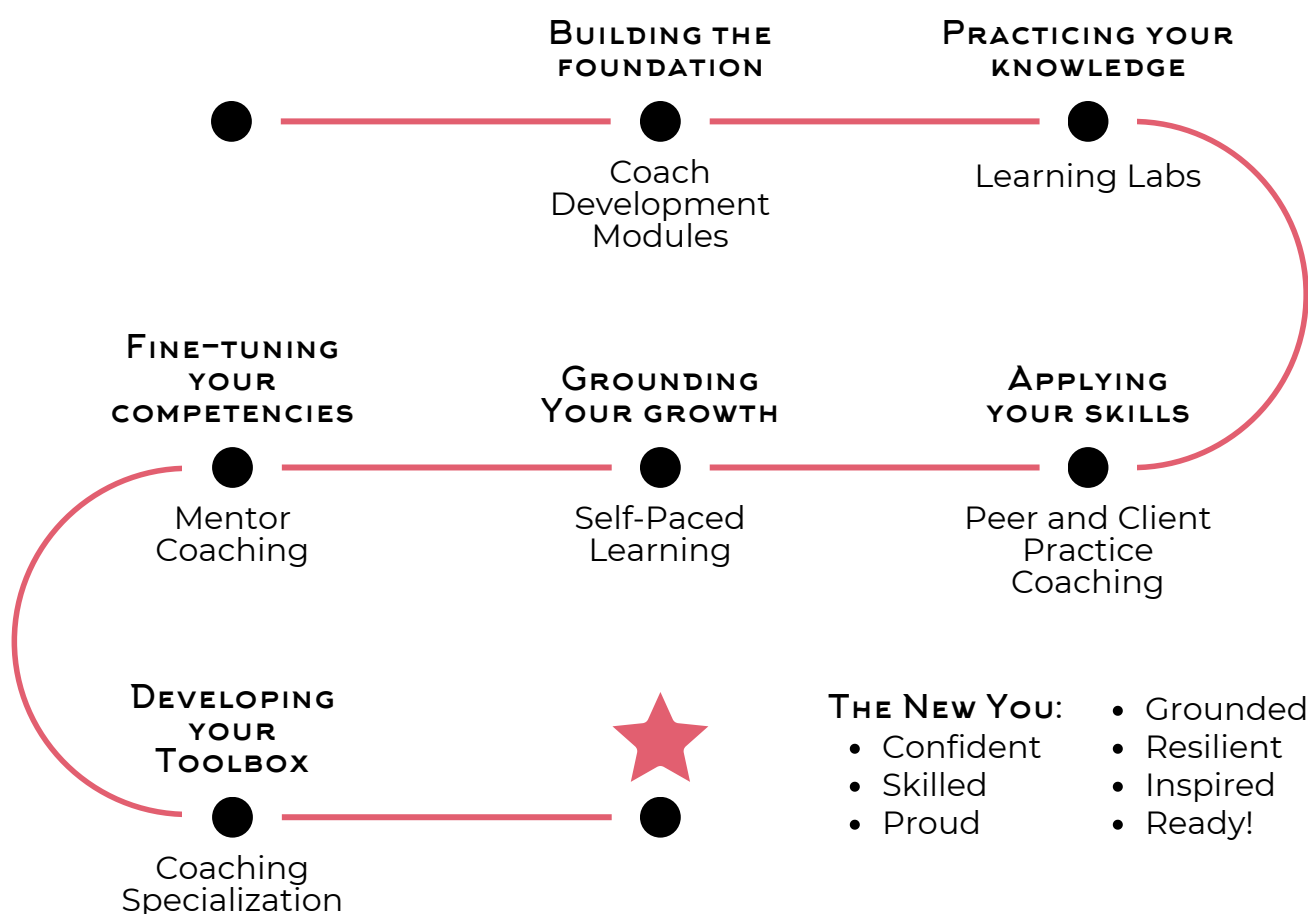


PROGRAM OVERVIEW

- **40+** hours of **Coach Development Modules** (Coaching Foundation, Coaching Presence, Coaching Mastery...)
- **12+** hours of **Coaching Specialization** (Inclusion, Confidence, Wellbeing, Leadership, Conflict, ...)
- **10+** hours of **Self-paced Learning** (Designing your own coaching model, Defining your coaching niche...)
- **20+** hours of **Learning Labs** to advance and grow your skills and capabilities
- **10** hours of **Mentor Coaching** to assess and get feedback on your journey
- **20+** hours of **Peer Coaching** to practice the knowledge and build experience
- **15+** hours of **Client Practice Coaching** to prepare you on the path to certification

125+
TOTAL
HOURS
over 6 months

RAMPING UP YOUR GROWTH



WHAT MAKES US UNIQUE?

We recognize that each participant in our program is unique in their own way and we want them to harness that individuality.

By developing an experiential learning and community-driven approach, we enhance that uniqueness and elevate their skills while remaining authentic, true to themselves, and agile in their ability to connect to their future clients.

Our coaches have developed the toolbox to differentiate themselves and to create the perfect combination of the art and science of coaching.





COACH DEVELOPMENT MODULES

At the core of any coach certification is the formal training that you receive. These sessions give you a strong foundation to coaching as well as the skills needed to start your journey as a coach.

Our program follows the **8 Core Competencies established by the International Coaching Federation (ICF)** and is developed around 3 key areas: Coaching Foundation, Coaching Presence, and Coaching Mastery.

Here are some of the topics we will explore together in our sessions:

Coaching Foundation:

- Ethics and Guidelines
- Core Competencies
- What is Coaching
- Coaching the person
- Evolution of Coaching
- Coaching Structure

Coaching Presence:

- Co-creating the Alliance
- Active Listening
- Building Trust and Safety
- Managing Emotions
- Non-Judgemental Approaches
- Creating a Vision
- Goal Setting

Coaching Mastery:

- Creating Awareness
- Powerful Questioning
- Coaching Models
- Coaching Tools:
 - Visualization
 - Values & Beliefs
 - Wheel of Life
 - Strengths
 - Learning Styles
 - Being In The Moment
 - Using Coaching Objects
- Creating Action
- Creating Ownership & Accountability
- Motivation and Commitment
- Coaching Frameworks





COACHING SPECIALIZATION

Finishing a learning journey and not feeling fully equipped for the outside reality isn't the best feeling in the world.

We want to make sure you leave our certification with a robust toolbox that will enable you to tackle any challenges you may encounter.

For that purpose, we developed 4 modules during which we will explore specific tools for specific situations.

Although centered around a number of different specialties, the versatility of these tools allow you to feel confident at any stages of your coach development journey.

Coaching Specialties:

- Inclusion Coaching
- Wellbeing Coaching
- Confidence Coaching
- Other Specialties (i.e. Leadership, Productivity, Conflict...)



SELF-PACED LEARNING

As coaches, space for reflection and inner-thoughts is critical to our own development. Our self-paced learning allows you to spend time with yourself and define what is truly important to you - from where you want to go to what your coaching practice should look like.

Our instructors will foster an environment where you can design your own coaching model, define your own coaching niche, or even work on your business model.

LEARNING LABS

While learning about the theory is important, experiencing that new knowledge makes the whole difference.

During the learning labs, you become the coach, the coachee, and the observer all at once and all your senses become acutely aware of what coaching truly is.

Come prepared with your questions, push yourself outside of your comfort zone, learn from your peers, and harness your skills in an environment where you can feel safe and supported as your instructors hold your hand at every stage of the journey.



MENTOR COACHING

How do I know I am doing the right thing? That is definitely a question many aspiring coaches are asking themselves!

Mentor Coaching is what has helped each and everyone of us develop our skills in the right direction.

Mentor Coaching consists of coaching and feedback in a collaborative, appreciative and dialogued process based on observing a coaching session to increase the coach's capability in order for them to achieve and demonstrate the levels of coaching competency and capability demanded by the credential level.

We offer a mix of group mentor coaching and individual mentor coaching so you can not only learn from your peers but also focus on the areas of development that are specific to your needs and your unique way of being!

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PEER COACHING

As a Coach Training Certification, our purpose is to ensure that YOU - aspiring coach - build the skills but also the confidence to go out in the real world fully equipped with the tools and the knowledge you need to be your best self!

Peer Coaching allows you to practice your coaching skills and exchange new ideas on coaching in a safe environment by meeting with your colleagues on a regular basis and implementing the tools and techniques you acquired during your learning journey.

By building up relationships with a diverse pool of coaches, you learn to adapt to different styles and develop the presence and flexibility needed to coach each individual and the unique personalities and topics they will bring with them.

CLIENT PRACTICE COACHING

In addition to coaching your peers, we give you the opportunity to practice the entire lifecycle of the coaching partnership by having your own coachees as early as possible.

Not only will you prepare yourself for being the coach you have always wanted but practicing with real clients also helps you to fine-tune who you wish to become as a coach by perfecting out your niche, your target audience, and even polishing the tools that represent you.

The added benefits? You even start building up the hours needed for becoming certified!

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ABOUT US



Julien is Success Coach with a focus on resilience, strengths and transition with a passion for Diversity, Equity, Inclusion, and Belonging. He loves supporting his clients to achieve their personal and professional goals with proven tools and methodologies so they can grow from good to great.

He works with individuals to support them in accelerating their performance, in becoming strong & resilient leaders, and in harnessing their energizing strengths to reach their goals.

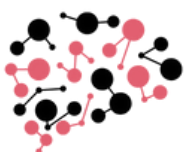
Codruta Stefaniga is an ICF Professional Certified Coach (PCC). With over 200 clients in 30+ countries, she has extensive experience working with people from all walks of life and has well-developed cultural intelligence. Her mission is to help people live the best life possible, no matter where they come from, or where they are in their lives today.

Her expertise lies within Leadership coaching, Career coaching, Entrepreneurial coaching, and Expat coaching.



Pat is a Professional Trainer and ACC ICF Accredited Performance Coach. She has worked in various industries especially the aviation over the period of 20 years with training experience in client servicing, marketing communications, business process operations, learning and development.

Partnering with clients on journeys of self-exploration and self-resolution to unleash their full potential and uncover their best-selves, personally and professionally, Pat infuses her coaching signature with her diverse background, experiences and tools to evoke brilliance through Career Coaching, Expat Coaching and Team Coaching.

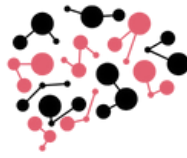


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CURIOUS ABOUT TAKING THE NEXT STEPS IN YOUR DEVELOPMENT?

Choosing the right Coach Certification Program
can be a big commitment!

And we understand you may have questions or
need clarification, so **don't hesitate to get in
touch**. We will gladly get on the phone with you
and help you decide what works best for you!

CONTACT US:

contact@wearefutureminds.com

BOOK A CALL WITH US:

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